

20241021 遠離三高一低 拒絕人生的低「骨」
總計 30 篇新聞媒體刊載報導，歡迎轉傳，謝謝！

製表人:管理部/湯智斌

- 1.20241022 台灣新生報/長青保健 11/全國版
- 2.20241022 台中日報
- 3.自由健康網: <https://health.ltn.com.tw/article/breakingnews/4837413>
- 4.聯合新聞網: <https://udn.com/news/story/7266/8305450>
- 5.中廣新聞網: <https://bccnews.com.tw/archives/610830>
- 6.台灣新生報: <https://www.tssdnews.com.tw/?FID=12&CID=768969>
- 7.台灣電報: <https://enn.tw/563169/>
- 8 台灣導報: <https://taiwanreports.com/archives/865453>
- 9.台中日報: <http://www.tc-news.com.tw/news/455728>
- 10.HOT 熱訊生活新聞網: <https://hotmessage.co/archives/165640>
- 11.好醫師新聞網:
https://www.5678news.com/news_details.php?n=202410212220331421#202410212220331421
- 12.台灣好新聞:
<https://www.taiwanhot.net/news/focus/1083694/%E9%81%A0%E9%9B%A2%E4%B8%89%E9%AB%98%E4%B8%80%E4%BD%8E+%E6%8B%92%E7%B5%95%E4%BA%BA%E7%94%9F%E7%9A%84%E4%BD%8E%E3%80%8C%E9%AA%A8%E3%80%8D/55/%E5%81%A5%E5%BA%B7%E9%A0%BB%E9%81%93>
- 13.互傳媒: <https://hoomedia.com.tw/2024/10/21/38759/>
- 14.三立新聞網: <https://www.setn.com/News.aspx?NewsID=1552299>
- 15.Yahoo!新聞/中廣新聞網:
<https://tw.news.yahoo.com/%E9%99%A43%E9%AB%98%E9%82%84%E8%A6%81%E6%B3%A8%E6%84%8F-1%E4%BD%8E-78%E6%AD%B2%E7%8D%A8%E5%B1%85%E5%A9%A6%E9%A0%AD%E6%9A%88%E8%B7%8C%E5%80%92-%E5%8F%B3%E8%82%A9%E5%92%8C%E5%8F%B3%E9%AB%96%E9%97%9C%E7%AF%80%E9%AA%A8%E6%8A%98-033342083.html>
- 16.Yahoo!新聞/台灣好新聞:
<https://tw.news.yahoo.com/%E9%81%A0%E9%9B%A2%E4%B8%89%E9%AB%98-%E4%BD%8E-%E6%8B%92%E7%B5%95%E4%BA%BA%E7%94%9F%E7%9A%84%E4%BD%8E-%E9%AA%A8-044751582.html>

17.Yahoo!新聞/好醫師新聞網:

<https://tw.news.yahoo.com/%E8%BA%AB%E9%AB%98%E8%AE%8A%E7%9F%AE%E6%98%AF%E9%AA%A8%E7%96%8F%E9%AC%86%E7%9A%84%E8%AD%A6%E8%A8%8A-142511668.html>

18.Yahoo!新聞/三立新聞網:

<https://tw.news.yahoo.com/%E5%8F%B0%E7%81%A3%E9%80%99%E7%96%BE%E7%97%85%E4%BA%9E%E5%A4%AA%E5%8D%80%E7%AC%AC1%E5%90%8D-%E5%B9%B4%E5%85%A7%E6%AD%BB%E4%BA%A1%E7%8E%87%E9%AB%98%E9%81%9436-%E9%86%AB-%E6%9C%89%E9%80%993%E7%97%87%E7%8B%80%E5%BF%AB%E6%AA%A2%E6%9F%A5-034200335.html>

19.PChome 新聞/台灣好新聞:

<https://news.pchome.com.tw/healthcare/taiwanhot/20241021/index-72948607193700221012.html>

20.PChome 新聞/好醫師新聞網:

<https://news.pchome.com.tw/healthcare/5678news/20241021/index-72952071101335214012.html>

21.LIFE 生活網/台灣好新聞: <https://life.tw/?app=view&no=2519019>

22.owl 新聞/台灣好新聞: <https://news.owlting.com/articles/841091>

23.yam 新聞/互傳媒: <https://n.yam.com/Article/20241021894127>

24.MSN 新聞/中廣新聞網:

<https://www.msn.com/zh-tw/news/other/%E9%99%A43%E9%AB%98%E9%82%84%E8%A6%81%E6%B3%A8%E6%84%8F-1%E4%BD%8E-78%E6%AD%B2%E7%8D%A8%E5%B1%85%E5%A9%A6%E9%A0%AD%E6%9A%88%E8%B7%8C%E5%80%92-%E5%8F%B3%E8%82%A9%E5%92%8C%E5%8F%B3%E9%AB%96%E9%97%9C%E7%AF%80%E9%AA%A8%E6%8A%98/ar-AA1sCuo9>

25.鏡週刊/好醫師新聞網:

https://www.mirrormedia.mg/external/5678_202410212220331421

26.鏡週刊/三立新聞網: https://www.mirrormedia.mg/external/setn_1552299

27.台灣廣播公司台中電台 FB:

https://www.facebook.com/permalink.php?story_fbid=pfbid037er6E1ZLWrW6jPxxKaNKWMPYoox6AJ23MP79LzYaGfAV32kGwt3ppYwKvpYqJbizl&id=100064047155206

28.仁愛醫院官網:

<https://www.jah.org.tw/news/index-1.asp?m=9&m1=7&m2=71&id=3335>

29.仁愛醫院 FB: <https://www.facebook.com/jahfans/>

30.仁愛醫院 IG: <https://www.instagram.com/jchhospital/>